

**Submitted by: Janet Sell**



*Sea of Galilee*  
*(acrylic painting by Janet Sell)*

Mark 6:32

"So they went away by themselves in a boat to a solitary place. But many who saw them leaving recognized them and ran on foot from all the towns and got there ahead of them."

We have all longed to get away from people and just be alone for a while. Here at the Sea of Galilee, in the spot historians think was close to where Jesus preached his Sermon on the Mount, we see a quiet area that could have been perfect for a "get-away" from all the turmoil surrounding Jesus and his ministry. If we read further in Mark, we find that Jesus had compassion on people and continued to teach even though he needed to rest.

We too, often need to get away from our daily chores, crowds, or responsibilities.

If we could find a quiet place to collect our thoughts, life would take on new meaning. Healing is only possible if we take time to claim the peace of God which he promises us.